



Moorside Primary School

PE Structural Overview

Dance — Choreographing, refining, performing and reflecting.

Gymnastics — Conditioning, Floor work and Apparatus

Invasion Games e.g. Basketball, Handball, Hockey, Tag Rugby, Football, Netball - Sending, receiving, attacking and defending.

Striking and fielding games e.g. Rounders & Cricket - Bowling, batting, fielding and wicket keeping/backstop.

Net & Wall Game Skills e.g. Tennis, Badminton, Volleyball — Moving, object control, shot range and game play.

Target Game Skills e.g. Bowling, Dodgeball, Darts, Archery — Aiming, precision, consistency and accuracy.

Athletics (Track & Field Events) — Running, jumping and throwing

The Physical Education curriculum at Moorside is mapped out to include the key aims outlined in the National Curriculum. For each new Sport, children will be assessed focusing on 3 main aspects:

1. Performing – Acquiring skills:

- Warming up safely prior to exercise and can sustain performance over periods of time
- Able to work safely within a defined space
- Demonstrating agility, balance and coordination
- Following simple movement patterns at different levels, speeds and pathways
- Understanding some principals of attacking and defending
- Linking skills to perform actions and sequences of movement

2. Competing – Applying skills:

- Attacking and defending skills within activities which require them
- Physically confident and making purposeful contributions
- Showing awareness of boundaries and rules
- Demonstrating understanding and interpretation of rules and accepting decisions given
- Demonstration of sporting values

3. Personal & Social Development -

Demonstrating skills:

- Communication effectively and working well with others
- Managing feelings and behaviour well
- Displaying self-confidence and motivation
- Recognises what success looks like in self and others
- Commenting on the work of others using some technical language
- Leadership skills

Term	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Locomotion	Invasion Games	Target Games	Basketball	Tag Rugby	Handball	Handball
Autumn 2	Dance – Seasons	Dance – Animals	Dance – Pirates	Dance – Dance around the world	Dance – Dance around the world	Dance – Dance through the ages	Dance – Dance through the ages
Spring 1	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics
Spring 2	Invasion Games	Target Game Skills	Net and Wall Game Skills	Hockey	Basketball	Dodgeball	Health Related Fitness
Summer 1	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
Summer 2	Target Game Skills	Striking and Fielding Game Skills	Striking and Fielding Game Skills	Cricket	Rounders	Cricket	Rounders