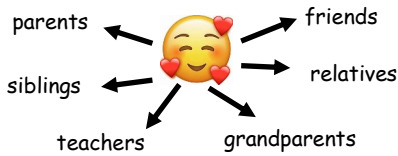


# Year 1: Relationships

## Key Learning

Lots of people care for me. These might include:



Every family looks different: They might have a mum or dad, both, 2 mums or 2 dads, grandparents, foster parents



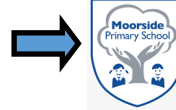
Being kind means being nice to other people to make them feel happy.

kind	unkind
smiling	pulling faces
sharing	snatching
please and thank you	name calling
compliments	Hurting bodies (hitting, kicking...)



My family cares for me by giving me a home to live in and clothes to wear. They give me food and drink to keep me healthy. They keep me safe and give me love.

If I am worried about something at home. It is important to tell someone. I can tell an adult at school.



Teachers care for me and look after me when I am at school. They want me to be the best that I can be.

My friends are people I like to spend time with. They make me feel happy and are kind to me.



There are different types of touch. Some make us feel nice and happy and some don't



hug



kiss



punch



tickle



high five



Sometimes peoples' bodies might hurt or unkind words might hurt their feelings. People might also feel sad if they are worried or lonely. Tell an adult and they can help.

It is important to ask before you touch someone.

Would you like a hug?

Yes please.

No thank you

Being unkind can make people feel sad.

Class rules help everyone to be happy. They remind us how to be kind and to respect each other.



Sometimes we might want to keep things to ourselves. This is called being private. Some of our body parts are private.



## Key Vocabulary

relatives	People in my family
manners	Being polite, saying please and thank you, holding doors open, not speaking with your mouth full.
compliment	Saying something nice about someone else.
respect	Thinking about someone else's feelings and what they might like.
private	Keeping something to yourself and not showing or sharing it with others.