



# Moorside Primary School

## Early Years PSHE Overview

	Across the academic year	Autumn Term	Spring Term	Summer Term
PSHE/RSE PSED	<ul style="list-style-type: none"> <li>-Friendships</li> <li>-Solving Conflicts</li> <li>-Being confident to ask for help, initiating conversations</li> <li>-Describing self in positive terms</li> <li>-Understanding of how actions can affect others</li> <li>-Managing own personal care</li> <li>-Managing feelings and behaviour</li> <li>-Self-Regulation – awareness of rules</li> <li>-Can play in a group – take turns and share</li> <li>-Welcomes and values praise</li> <li>-Understanding Differences – cultures, needs</li> <li>-Aware of Healthy eating</li> <li>-Can manage their own personal hygiene</li> </ul>	<p><u>Settling in</u></p> <ul style="list-style-type: none"> <li>-Ability to make friends with their peers.</li> <li>- Create secure attachments with their adults</li> <li>- Cooperate and share resources with their peers.</li> </ul> <p><u>- Be aware of safe and unsafe touches in the home and by strangers.</u></p> <ul style="list-style-type: none"> <li>-Understand the message from Pantasaurus –watch BBC age related clips ,Make poster for the toilet area ,class discussion about safe touches.</li> </ul> <p><u>-Odd Socks Day</u></p> <ul style="list-style-type: none"> <li>- To understand the reason for Odd Socks Day.</li> <li>- Talk about how they feel when they see a child with no friends/child being teased by others and what they can do to resolve these conflicts.</li> </ul> <p><u>-Aware of/talk about Children in Need</u></p> <ul style="list-style-type: none"> <li>- Be aware of /talk about CIN-whole school celebration, collect money and understand why we do this. BBC age related clips.</li> </ul> <p><u>-Act upon Persona Doll</u> sessions-used weekly to resolve conflict such as anger, fights, not sharing, acts of unkindness to peers, property, animals.</p> <ul style="list-style-type: none"> <li>-Discuss behaviours circle time in key groups.</li> </ul>	<p><u>Sports Relief</u></p> <ul style="list-style-type: none"> <li>-Be aware of/talk about sports relief- whole school celebration, collect money and understand why we do this. Observe and discuss BBC age related clips</li> </ul> <p><u>Hand Washing – School Nurse</u></p> <ul style="list-style-type: none"> <li>-Can, independently, wash their hands for 20 seconds and explain why.</li> <li>- Able to talk about germs and virus’ and how they can harm us and how we can stay safe from them.</li> </ul>	<p><u>Transition to Y1</u></p> <ul style="list-style-type: none"> <li>_Be confident when moving to a new environment with new adults.</li> <li>- Be confident to try new activities and show independence in the face of challenge.</li> <li>-Talk about their emotions during transition( cautious, worried, nervous ,excited, scared)</li> <li>- Ask new staff questions about September .</li> </ul>