



**Personal Development and
Wellbeing Commitment
2025-2026**

Personal Development at Moorside Community Primary School, Swinton

At Moorside Community Primary School, we believe in developing the whole child. Our Personal Development (PD) programme is designed to help every pupil grow academically, socially, emotionally, and morally, preparing them for life in modern Britain.

Our Vision

We aim to nurture pupils who are: - Confident and resilient learners who take pride in their achievements and manage challenges positively. - Respectful and responsible citizens who value diversity, understand British values, and engage actively in their community. - Healthy and safe individuals who make informed choices about their wellbeing, relationships, and digital lives. - Creative and curious thinkers who appreciate arts, science, culture, and the wider world. - Collaborative and compassionate community members who demonstrate empathy, teamwork, and leadership.

How We Deliver Personal Development

Our PD programme is embedded across the school and delivered through: - Structured lessons in PSHE, RSE, Wellbeing, and other subjects using Kapow Primary schemes. - Cross-curricular learning that builds character, critical thinking, cultural understanding, and resilience. - Enrichment activities including school trips, visitors, leadership roles, assemblies, and community projects. - A progressive approach that revisits key themes like wellbeing, safety, relationships, and citizenship at increasing depth each year.

The Impact on Our Pupils

Through our Personal Development programme, pupils: - Understand how to keep themselves and others safe and healthy. - Show respect, empathy, and appreciation for different beliefs and backgrounds. - Demonstrate confidence, resilience, and curiosity in their learning and personal goals. - Are well-prepared for the next stage of their education and for life beyond school.

At Moorside, Personal Development is a whole-school ethos. It's woven into every lesson, experience, and interaction, ensuring all children feel valued, empowered, and ready to make a positive difference in the world.

Mapping

This rest of this document maps Kapow Primary's subject schemes to the common personal development (PD) aims used in UK primary schools (confidence, resilience, wellbeing, citizenship, cultural capital, character, safety, digital and economic understanding). For each subject you'll find: 1) key features in Kapow's scheme that support PD (paraphrased), 2) how those features link to PD aims, 3) short examples and suggested school-level actions to maximise impact.

Curriculum Mapping (In Full)

Quick reminder — core PD aims

- **Personal & social well-being:** emotional literacy, resilience, self-management.
- **Relationships & citizenship:** respect, diversity, rights/responsibilities, British values.
- **Character & life skills:** perseverance, teamwork, leadership, problem solving, oracy.
- **Cultural capital & broadened horizons:** exposure to arts, diverse cultures, visits, experiences.
- **Safety & readiness for life:** online safety, health, economic awareness.

PSHE & RSE

Key features - Structured around core strands (relationships & family, health & wellbeing, safety & changing body, citizenship, economic wellbeing; identity in upper KS2). - Spiral progression: topics revisit with increasing depth each year. - Explicit aims to develop knowledge, skills and attributes for confident, healthy, fulfilling lives.

How it links to PD aims - Directly targets emotional literacy, relationships, mental and physical health, online safety and economic understanding. - Builds citizenship through rights/responsibilities and British values content.

Examples & how to maximise - Use lessons as the backbone for whole-school initiatives (assemblies about themes, targeted parent letters for puberty units). - Link PSHE themes to pastoral support plans and identify pupils needing extra intervention.

Art & Design

Key features - Encourages experimentation, reflection and evaluation; presents diverse artists and traditions. - Progression in making skills, critical analysis and art history/context.

How it links to PD aims - Builds confidence, creativity, risk-taking and tolerance of constructive feedback. - Broadens cultural capital by introducing pupils to global artistic traditions.

Examples & how to maximise - Showcase pupil work in public spaces to boost confidence. - Plan cross-curricular art linked to History/RE topics to deepen cultural understanding.

Science

Key features - Focus on enquiry, curiosity, evidence-based thinking and real-world application. - Highlights contributions of diverse scientists and ethical/scientific implications.

How it links to PD aims - Develops critical thinking, perseverance in investigations and responsibility for informed decision-making. - Supports cultural capital and broadens aspirations by showcasing diverse role models.

Examples & how to maximise - Pupil-led investigations; invite local STEM role models. - Use topical science (climate, health) to discuss civic responsibility and ethical choices.

History

Key features - Emphasises enquiry, interpreting sources, exploring multiple perspectives and constructing evidence-based narratives. - Inclusive resources that challenge stereotypes and present diverse histories.

How it links to PD aims - Encourages moral reflection, perspective-taking and responsible citizenship through understanding the past. - Builds critical thinking and cultural capital (knowledge of significant events, people and cultures).

Examples & how to maximise - Local history projects with community interviews to connect pupils to place and identity. - Debates or role-plays to practise respectful discussion of contentious historical issues.

Geography

Key features - Enquiry-led questions, fieldwork, data collection and real-world problem solving. - Links between local and global geography and human/environment interactions.

How it links to PD aims - Develops global citizenship, environmental responsibility and practical teamwork skills. - Encourages resilience and problem solving through fieldwork and investigations.

Examples & how to maximise - Organise local fieldwork and community projects (clean-ups, mapping), linking to citizenship outcomes. - Use geography to discuss inequalities and global responsibility.

Music

Key features - Exposure to music from diverse cultures; focus on performance, composition and listening skills. - Emphasises teamwork, leadership and transferable skills.

How it links to PD aims - Builds confidence (performing), empathy and cultural appreciation; supports teamwork and leadership. - Provides routes for pupil voice and public performance (boosting self-efficacy).

Examples & how to maximise - Regular performances, collaborative composition and opportunities to learn instruments. - Cross-cultural music weeks to expand cultural capital and inclusion.

Modern Foreign Languages (Spanish)

Key features - Introduces children to language, culture and daily life of Spanish-speaking countries. - Emphasises oracy, collaboration and digital resources to practise language.

How it links to PD aims - Promotes global citizenship and communication skills; builds confidence and cultural empathy. - Strengthens collaboration and resilience through language learning.

Examples & how to maximise - Language clubs and celebration of cultural festivals.

Design & Technology (D&T)

Key features - Practical design challenges, iterative prototyping, teamwork and evaluation. - Links to real-world contexts and enterprise thinking.

How it links to PD aims - Develops resilience (design-test-improve cycles), problem solving, creativity and practical life skills. - Encourages teamwork, leadership and basic economic/enterprise awareness.

Examples & how to maximise - Run small enterprise projects (design, market, sell) to link D&T with economic wellbeing. - Showcase prototypes and reflection logs to evidence resilience and improvement.

Computing

Key features - Digital literacy, programming, online safety, critical evaluation of digital content. - Focus on ethical uses of technology and collaborative computing projects.

How it links to PD aims - Prepares pupils for safe, responsible digital citizenship and develops problem solving and persistence. - Supports oracy and teamwork through collaborative coding or digital presentations.

Examples & how to maximise - Embed explicit digital-citizenship lessons and use computing projects to teach collaborative roles. - Use pupil showcases (digital portfolios) to build pride and reflection.

Physical Education (PE)

Key features - Skill progression, teamwork, competitive and cooperative activities, health and fitness education. - Emphasis on leadership (young leaders), fair play and resilience.

How it links to PD aims - Promotes physical and mental wellbeing, teamwork, resilience, self-discipline and leadership. - Provides high-quality opportunities for character development under pressure (competition, team roles).

Examples & how to maximise - Offer leadership roles (sports captains, play leaders), inter-house competitions and inclusive clubs.

Religion & Worldviews (R&W)

Key features - Encourages thoughtful engagement with beliefs, ethical questions and diverse worldviews. - Develops respectful dialogue, reflection and moral reasoning.

How it links to PD aims - Supports SMSC explicitly: empathy, reflection, mutual respect and cultural understanding. - Helps pupils engage constructively with diversity and understand different perspectives.

Examples & how to maximise - Use community visits, multi-faith speakers and reflective practice (journals or circle time). - Link R&W topics to school values and British values discussions.

Wellbeing lessons & cross-curricular provision

Key features - Kapow offers wellbeing lessons and resources designed to be used across year groups. - Materials often link to mental health, resilience and emotional regulation.

How it links to PD aims - Directly supports emotional literacy and whole-school wellbeing strategies. - Acts as an intervention or preventative offer alongside PSHE.

Examples & how to maximise - Integrate wellbeing lessons into termly plans; use alongside pastoral checks and nurture groups. - Train staff in delivery and follow up with targeted support for pupils who need it.

Enrichment, cultural capital and whole-school approaches

Key features - Kapow subject schemes repeatedly reference cultural capital, inclusion and understanding diverse perspectives. - The resources are designed to be adaptable so schools can add local/contextual enrichment (visits, speakers).

How it links to PD aims - Gives schools the curricular scaffolding to plan trips, visitors and leadership opportunities that broaden pupils' experiences. - Supports a coherent approach to SMSC and British values across subjects.

Examples & how to maximise - Map enrichment opportunities against PD outcomes in your school development plan (resilience, oracy, cultural capital). - Use a PD audit to identify gaps and plan specific interventions or partnerships (local charities, museums, sports clubs).

Evidence & assessment ideas (how schools can show impact)

- **Learning journals/portfolios:** capture reflective writing, project outcomes, performance recordings and pupil self-assessments.

- **Pupil voice & surveys:** regular wellbeing/PSHE surveys and pupil panels reveal changes in confidence and attitudes.
 - **Behaviour & attendance metrics:** use as indirect measures—improvements often correlate with strong PD provision.
 - **Progression mapping:** show how PD knowledge/skills are revisited and deepen across year groups.
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